



WINGRAVE

Church of England School

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Ms Lee

**PSHE Information
Meeting**

Introduction

Ms Lee:

Personal, Social, Health and Economic education
(PSHE) Lead.

Pupil voice.

Designated Safeguarding Lead

Why am I holding this session?

PSHE compulsory Sept 2020

Statutory duty to provide PSHE from R-Yr 6

Statutory requirements

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, make Relationships Education **compulsory** for all pupils receiving primary education.

Health Education is **compulsory** in all schools except independent schools.

(Relationships Education, Relationships and Sex Education (RSE) and Health Education. Dept for Education 2019).

Jigsaw PSHE Approach

- Integrated and comprehensive PSHE curriculum
- Build skills, attitudes, self-esteem, resilience, independence and confidence
- Well-structured, progressive lesson-a-week process.
- Spiralling curriculum
- Half-termly school assemblies; end of unit outcomes for each class
- Mindfulness approach boosts resilience (chime bars)
- Improve capacity to learn, resilience, improved emotional well-being, improved mental health and enhancement of life chances

Managing difficult questions

Children develop at different stages and require answers according to the age and maturity of the pupil(s) concerned.

- Questions could be due to specific special educational needs or disabilities
- Discussion may be held on a one-to-one basis or in small groups – where necessary/appropriate
- Consideration is always given to what is appropriate and inappropriate in a whole-class setting
- Questions do not have to be answered directly and maybe addressed individually and later
- Staff will pass to parents where appropriate
- If unsure, parents/carers should speak to the class teacher or PSHE Lead or Designated Safeguarding Leads if they are concerned

Sex Education

*'The relationships Education, RSE and Health Education (England) Regulations 2019 have made Relationship Education **COMPULSORY** in all primary schools. Sex Education is not compulsory in primary schools.'*

HOWEVER.....

'The Department continues to recommend that all primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science – how a baby is conceived and born.'

How can parents support their children?

- **GOOD COMMUNICATION (SAFEGUARDING)**
- Simple answers
- Knowledge is safeguarding your child
- Ignorance is not bliss
- Understand that the media drives a lot of questions
- Children have naturally enquiring minds – encouragement of this
- Dump the embarrassment – there is none in school